



Sarasota Oral & Implant Surgery

Pre-Surgical Instructions for Local Anesthetic

SURGICAL APPOINTMENT TIMES ARE SUBJECT TO CHANGE DUE TO THE NATURE OF THE SURGICAL PROCEDURES BEING PERFORMED BEFORE YOUR APPOINTMENT. WE WILL CONTACT YOU AS SOON AS WE ARE AWARE OF ANY TIME CHANGE.

PLEASE ARRIVE 10 MINUTES PRIOR TO YOUR APPOINTMENT TO CHECK IN.

- Have your prescription(s) **FILLED BEFORE** your surgery appointment. Make sure you have plenty of soft foods (eggs, yogurt, mashed potatoes, pudding) and liquids at home. Please eat something after your procedure prior to taking your pain medication.
- If an antibiotic is given, please start one (1) day **PRIOR** to surgery, follow the instructions for dosage on the bottle, and take until the bottle is empty. Do not take the antibiotic on the morning of your surgery, resume when you get home and have eaten something.
- Please wear loose comfortable clothing with a top that has short sleeves or sleeves that can be rolled up. We will provide a blanket.
- Leave jewelry at home. **NO SANDALS, FLIP-FLOPS, OR HIGH HEELS.**
- Over-the-counter items to **AVOID FOR 5 DAYS PRIOR TO SURGERY: *Aspirin, Vitamin E, Fish Oil, and Turmeric.*** IF Dr. Middleton advises you to hold any of your medications, it is your responsibility to do so.
- **DO NOT DRINK ALCOHOL** 72 hours prior to surgery.
- You are **NOT** required to fast for your procedure. You may eat, drink, and take any medications as normal.
- You **MAY** drive to and from your appointment – a driver is **NOT** required.

If you have any questions, please do not hesitate to contact our office